



LEGEND

- TRANSITION AREA
- START LINE
- FINISH LINE
- MILE MARKERS
- WATER/AID STATION
- ATHLETE FLOW
- U-TURN
- GATORADE ENDURANCE



TURN BY TURN DIRECTIONS

- Exit Transition
- Turn right into Lake Wilderness Arboretum
- Turn left onto Cedar to Green River Trail
- In 1.7 miles turn Right onto Cedar river trail
- In 4.1 miles turnaround on Cedar river Trail on the eastern most turnaround (mile 6)
- In 4.5 miles turnaround on Cedar river trail on the northern most turnaround (mile 10.5)
 - In .6 miles turn right onto Cedar to Green River Trail
 - In 1.5 Miles turn right into Lake Wilderness Arboretum
 - In .3 Miles turn left into Finish Line in Lake Wilderness Park

