



LEGEND

- TRANSITION AREA
- START LINE
- FINISH LINE
- 1ST LOOP MILE MARKERS
- 2ND LOOP MILE MARKERS
- WATER/AID STATION
- PERSONAL NEEDS
- 2ND LOOP TO FINISH
- BEGIN 2ND LOOP

TURN BY TURN DIRECTIONS

- Exit Left out of Transition 2 at OSU-Tulsa onto N Elgin Ave
 - Right Turn at E. Archer St
 - Left Turn at N. Main St
 - Right Turn at W. 1st St.
 - Veer Left at Heavy Traffic Way
 - Left Turn at S. Lawton Ave.
- Continue onto Southwest Blvd. (Lawton Ave. changes to Southwest Blvd. after it crosses 7th St.)
- Left Turn onto River Park East Trail at Southwest Blvd. and Riverside Drive. (Beginning of Trail Loop)
 - Continue on the River Park Trail to the turnaround (Near Riverside Dr. and E. 66th Pl)
- Return to start of second loop on the River Park Trail (Near Southwest Blvd. and Riverside Dr.)
 - (Repeat the River Park Trail Section for the second loop of the course.)
 - After Completion of Second Loop -Turn Right at Southwest Blvd.
- Continue onto Lawton Ave. (Southwest Blvd. changes to Lawton Ave. after it crosses 7th St.)
 - Right Turn at S Heavy Traffic Way
 - Right Turn onto W 1st St.
 - Left Turn at N. Main St.
 - Right Turn at E. Cameron St. to Finish

Start Elevation: 732 ft ▪ Max Elevation: 706 ft ▪ Gain: 539 ft

